

Switch Settings

The two additional 3 position Toggle Switches extend the two 6 position rotary switches from 6 to 18 possible **SPEED** and **TIME** setting. Note that the switch orientation defines **LEFT**, **MIDDLE**, and **RIGHT** position. This designation is simply a function of orientation. Rotate the Toggle Switch orientation 180 degrees to conform to the chart below.

SPEED	<u>LEFT</u>	TIME	Repeat 4 Times
1. 1.53 hertz		1. 1 minute	10 min Rest
2. 2.31 hertz		2. 2 minute	10 min Rest
3. 3.63 hertz		3. 5 minute	15 min Rest
4. 4.63 hertz		4. 10 minute	20 min Rest
5. 5.43 hertz		5. 20 minute	40 min Rest
6. 6.00 hertz		6. 30 minute	60 min Rest

SPEED	<u>MIDDLE</u>	TIME	Repeat 0 Times
1. Random hertz		1. 1 minute	0 min Rest
2. 1.0 hertz		2. 2 minute	0 min Rest
3. 2.0 hertz		3. 5 minute	0 min Rest
4. 3.0 hertz		4. 10 minute	0 min Rest
5. 4.0 hertz		5. 20 minute	0 min Rest
6. 5.0 hertz		6. 30 minute	0 min Rest

SPEED	<u>RIGHT</u>	TIME	Repeat 8 Times
1. 6.67 hertz		1. 1 minute	10 min Rest
2. 7.57 hertz		2. 2 minute	10 min Rest
3. 8.62 hertz		3. 5 minute	15 min Rest
4. 10.0 hertz		4. 10 minute	20 min Rest
5. 12.0 hertz		5. 20 minute	40 min Rest
6. 14.7 hertz		6. 30 minute	60 min Rest

NOTE: Cycle Capacitor Charge time **RIGHT** Table

1. Full 5 cycle Charge Time approx. 160 volts
2. Full 5 Cycle Charge Time approx. 160 volts
3. 4 Cycle Charge Time approx 120 volts
4. 3 Cycle Charge Time approx 100 volts
5. 2 Cycle Charge Time approx 80 volts
6. 1 Cycle Charge Time approx 60 volts

The increased **SPEED** is gained at the expense of the **PULSE** Power Level.